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# RESEARCH ARTICLE:

# Training and capacity building of women self-help groups in Punjab

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## **ARTICLE CHRONICLE:**

Received: 25.02.2015; Revised: 19.03.2015; Accepted: 05.04.2015 **SUMMARY:** Microfinance, training and capacity building are important component of SHGs. Constant inputs of training and capacity building are required to sustain SHGs. Therefore, in the present study investigator tried to investigate about the type of training being provided and effectiveness of training among SHG members. The present study based on survey research design covered all the districts of Punjab to give comprehensive picture of the training and capacity building of women SHGs in the state. The findings revealed that nearly fifty per cent of the SHGs were not provided with any type of training and majority of the respondents showed dissatisfaction as far as training for capacity building and skill formation was concerned. It is therefore, suggested that for the sustainability of SHGs in Punjab SHPIs should focus more on training and capacity building of these members.

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## **KEY WORDS:**

Self-help groups, Training capacity building

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